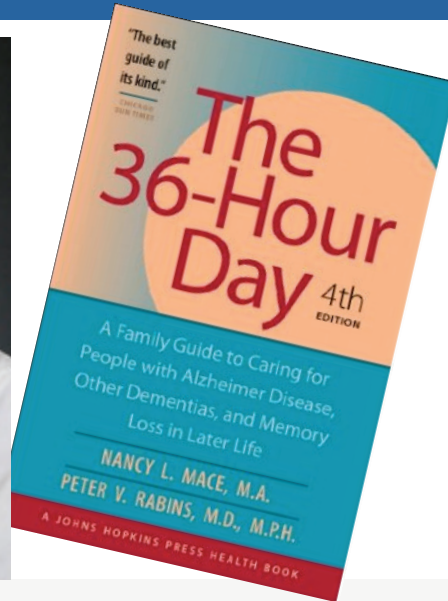


The 36-Hour Day

A Free Dementia Caregiving Seminar



Guest Speaker Peter Rabins, M.D., M.P.H.

Co-Author, *The 36-Hour Day*

Director of the Geriatric and Neuropsychiatry Section,
Department of Psychiatry at Johns Hopkins University

Don't miss your opportunity to hear from one of the most renowned authorities on Alzheimer's disease and related dementias and the co-author of one of the most popular books used by caregivers today.

During this seminar, Dr. Rabins will discuss:

- The process of diagnosing dementia
- The latest information on treatment options for Alzheimer's and dementia
- Identifying specific behavior problems associated with dementia such as wandering, sundowning, and the "I want to go home" syndrome
- Management techniques for these challenging behaviors
- The emotional and physical impact of caregiving on caregivers

**Wednesday
June 5, 2019**

2:00 pm to 2:30 pm

Registration

2:30 pm to 4:00 pm

Seminar

**East Lake United
Methodist Church**

2801 East Lake Road S.
Palm Harbor, FL 34685

RSVP by calling

(727) 771-1600 or e-mailing

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Arden Courts 
Memory Care Community

